

Website & Treatment Disclaimer

Last updated: August 2026

The information provided on the Heart and Soul Reflexology website is intended for general information about reflexology and the services offered by Heart and Soul Reflexology.

Complementary therapy

Reflexology is a complementary therapy.

Treatments are intended to support relaxation and general wellbeing and are not a replacement for appropriate medical or healthcare treatment.

Heart and Soul Reflexology does not diagnose medical conditions or prescribe, alter or recommend medication.

If you have concerns about a medical condition, symptoms or changes in your health, you should seek advice from an appropriately qualified healthcare professional.

Individual experiences

Everyone responds differently to complementary therapies.

Information about reflexology on this website should not be understood as a guarantee that you will experience a particular result or benefit.

Any experiences described by clients are individual experiences and should not be taken as a guarantee of the same outcome for another person.

Pregnancy and health conditions

If you are pregnant, undergoing fertility treatment, have a diagnosed medical condition or have any other health concerns, you should provide accurate information during your consultation.

Where appropriate, Heart and Soul Reflexology may recommend that you seek advice from your GP, midwife, consultant or another suitably qualified healthcare professional before treatment.

Treatment may be adapted or declined where it is considered inappropriate or unsafe to proceed.

Website information

While reasonable care is taken to keep the information on this website accurate and up to date, Heart and Soul Reflexology does not guarantee that all information will always be complete, current or suitable for every individual.

The information on this website does not constitute medical advice.

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