

Cookie Policy

Last updated: August 2026

Heart and Soul Reflexology uses cookies and similar technologies only where necessary to provide and operate this website and its features.

This Cookie Policy explains what cookies are, how they may be used on this website and how you can control them.

1. What are cookies?

Cookies are small text files that websites can store on your computer, phone or other device when you visit them.

Websites can use cookies and similar technologies for a number of purposes, including remembering preferences, providing security and allowing particular website features to work.

2. How Heart and Soul Reflexology uses cookies

Heart and Soul Reflexology does not currently use cookies for advertising, social media tracking or behavioural advertising.

The website may use cookies or similar technologies that are strictly necessary for the website to operate, maintain security or provide functionality that you have requested.

Where a cookie or similar technology is not strictly necessary and consent is required under UK law, it will only be used where you have provided the appropriate consent.

3. Third-party services

Some features of this website are provided by third-party services.

Setmore

Heart and Soul Reflexology uses Setmore to provide online appointment booking.

The website provides access to the Setmore booking service so that visitors can view availability and book appointments.

When you access or use the Setmore booking service, Setmore may use its own cookies and similar technologies in accordance with its own privacy and cookie practices.

Setmore's services are subject to Setmore's own privacy policy.

You can find further information about Setmore's privacy practices on the Setmore website.

Google

Google services may be used in connection with this website, including Google services used to display or support certain website features.

Where Google or another third party uses cookies or similar technologies, those technologies may be subject to the relevant third party's own privacy and cookie policies.

4. Managing cookies

You can control or delete cookies through your web browser.

Most browsers allow you to:

- view cookies that have been stored;
- delete existing cookies;
- block cookies;
- allow cookies from particular websites; or
- block third-party cookies.

Please be aware that blocking or deleting cookies may affect the way some websites or website features function.

5. Changes to this Cookie Policy

I may update this Cookie Policy if the cookies, technologies or third-party services used by this website change.

The latest version will always be made available on this website.

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